

# Health and medical assistance in Leeman

**Silver Chain operates the Leeman Health Centre, providing nursing services to the local community. The following information sheet outlines the services available in the area.**

## Silver Chain Leeman Health Centre

During opening hours Leeman Health Centre provides general health assessments, chronic disease management, wound care, advanced treatment for illness and injuries, emergency response in life threatening situations, health promotion and coordination of public health care.

### Opening hours

**9am to 4.30pm Monday to Thursday and alternate Fridays.**

For an appointment to see a Silver Chain nurse, please call the centre on **9953 0100** or visit during opening hours.

After hours call Health Direct on **1800 022 222**. Health Direct will assess your call and if potentially life threatening **000** can be contacted on your behalf, and where available a Remote Area Nurse (RAN) will assist.

The service hours are displayed on the centre door and are also distributed via the Shire of Coorow.

### Emergencies and urgent medical assistance

For emergencies call **000**.

If the Health Centre is unattended, there is an emergency buzzer on the external wall which will connect you to Health Direct for emergency assistance.

### Medications

If during assessment the Silver Chain nurse ascertains you may require medication, they will contact the Royal Flying Doctor Service to assess, provide medical advice and prescribe medication if required.

### Prescriptions

The Silver Chain nurse is not able to provide repeat prescriptions. Please make an appointment to see your GP. Details of the nearest medical clinics, hospitals and GP telehealth services have been provided below.

### Specialist referrals

Please make an appointment to see your GP.

### Blood tests

If you have a blood test request from your GP, please make an appointment at the Leeman Health Centre for the test. If you do not yet have a request, please first make an appointment to see your GP.

### For emergencies

For serious illness or injury that is critical or life-threatening call triple zero (**000**).

**Call** 000

**Available** 24 hours a day 7 days a week

### Health Direct

Health Direct is a free telephone service staffed by registered nurses who provide free expert health advice.

**Call** 1800 022 222

**Website** [www.healthdirect.gov.au](http://www.healthdirect.gov.au)

**Available** 24 hours a day 7 days a week

### Silver Chain Leeman Health Centre

**Address** 21 Morcombe Road,  
Leeman 6514

**Call** 9953 0100

**Opening hours** 9am to 4.30pm  
Monday to Thursday  
and alternate Fridays

**After hours** Health Direct on 1800 022 222

# Nearest hospitals

<b>Dongara Health Service (48km)</b> <b>Address</b> 48 Blenheim Road, Port Denison <b>Call</b> 9927 0200 <b>Available</b> 24 hours a day 7 days a week	<b>Three Springs Hospital (101km)</b> <b>Address</b> Thomas Street, Three Springs <b>Call</b> 09954 3200 <b>Available</b> 24 hours a day 7 days a week	<b>Geraldton Hospital (152km)</b> <b>Address</b> 51-85 Shenton Street, Geraldton <b>Call</b> 9956 2222 <b>Available</b> 24 hours a day 7 days a week
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# Medical clinics

Please call the medical practice directly for current service availability

<b>Jurien Bay Medical Centre</b> <b>Address</b> 21 Whitfield Road, Jurien Bay <b>Call</b> 9688 7900 <b>Available</b> 8am to 5pm Monday to Friday, 8am to 1pm Saturday	<b>Dongara Medical Practice</b> <b>Address</b> 290 Point Leander Drive, Dongara <b>Call</b> 9927 2907 <b>Available</b> 8.30am to 4.30pm Monday to Thursday, 8.30am to 3pm Friday	<b>Moora Health Centre</b> <b>Address</b> corner Dandaragan and Kintore Streets, Moora <b>Call</b> 9651 1433 <b>Available</b> 8.30am to 5pm Monday to Friday 8.30am to 3pm Friday
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# Call a Doc

If you need to consult with an experienced Australian-based doctor, *Call a Doc* provides a 24 hour service for the Leeman and Green Head communities.

<b>Call</b>	1800 225 523
<b>Website</b>	<a href="https://1800calladoc.com.au">https://1800calladoc.com.au</a>
<b>Available</b>	24 hours a day 7 days a week

# Pharmacy services

## Leeman Pharmacy

<b>Address</b>	4 Spencer Street, Leeman
<b>Call</b>	9953 1177
<b>Available</b>	9am to 5pm Monday to Friday, 9am to 12pm Saturday
<b>Pharmacist available</b>	1pm to 5pm Monday to Friday, 9am to 12pm Saturday

# Specialist services

## Pregnancy, birth and baby concerns

For information and support for parents from pregnancy through to preschool ages.

<b>Call</b>	1800 882 436
<b>Available</b>	24 hours a day 7 days a week
<b>Website</b>	<a href="http://www.pregnancybirthbaby.org.au">www.pregnancybirthbaby.org.au</a>

## Mental Health

If you need mental health crisis services, please call the numbers below:

<b>Rurallink</b>	1800 552 002
<b>Kids Helpline</b>	1800 551 800 (for young people 5-25 years)
<b>Suicide Call Back Service</b>	1300 659 467
<b>MensLine Australia</b>	1300 78 99 78 (for men of any age)